

INSTRUCTIONS : Genital Collection

How to Collect Your Swab Specimen, Let's Get to it!



safe is sexy

For test accuracy, please:

- Wash your hands prior to collection
 - **DO NOT** douche or wash genital area
 - Use **ONLY ONE (1) swab** per area
 - **DO NOT** perform the collection if you are on your period or within 24 hours of having sex
 - **DO NOT** perform collection while taking antibiotics or within 7 days of taking antibiotics
- ✓ The incubation period for sexually transmitted infections varies from 2 weeks to 3 months from time of contact.
 - ✓ Test at least 2 weeks after potential exposure for best results.

To collect your vaginal specimen:

1. Open the kit and remove the swab from the sealed package (Figure 1). **Do NOT touch the soft tip or lay the swab down.**
2. Hold the swab in the middle of the stick covering the score line (Figure 2).
3. Carefully insert the swab about 2 inches into the vagina and gently rotate, swirling it for 10 to 30 seconds (Figure 3). **Make sure it touches the sides/walls of the vagina.**
4. Unscrew the cap from the collection tube while holding the swab (Figure 4). **Do NOT break or remove the foil seal. Do NOT pour out liquid.**
5. Immediately, place swab into the collection tube with the tip of the swab pointing down (Figure 5).
6. Carefully break the swab stick at the score line in the middle (Figure 6).
7. Discard top of swab stick (Figure 7). **Do NOT place it in the tube.**
8. Re-cap the vaginal swab specimen transport tube tightly (Figure 8).
9. Follow Shipping Instructions to pack and ship specimen immediately

Figures 1-8



For questions, contact:
customerservice@mylabbox.com
(213) 290-4571
Live Chat: mylabbox.com